## **SEMESTER III**

#### **HND3 C10 VITAMINS AND MINERALS**

- CO1 Understand the mechanisms of regulation of metabolic pathways in human body.
- CO2 Gain insight into interrelationships between various metabolic pathways. Understand the methodology for derivation of requirements for specific micronutrients
- CO3 To gain knowledge about different micro nutrient deficiencies
- CO4 Obtain depth on the study of major nutrients

#### **HND3 C11 COMMUNITY NUTRITION**

- CO1 Understand the concept of Nutrition Security
- CO2 Gain an insight into various approaches and strategies for combating malnutrition
- CO3 Understand the various Government programs and policies aimed at improving the health and nutritional status of the population.
- CO4 Develop insight in planning, implementing, monitoring and evaluating nutrition programmes
- CO5 Assess nutritional status using different techniques

#### **HND3 C12 PAEDIATRIC NUTRITION**

- CO1 Realize the importance of nutritional care and nourishment of children
- CO2 Understand the specific needs of children and effects of various diseases on nutritional status and nutritional requirements
- CO3 Normal growth, development and behavior and their assessment, as well as approaches to abnormalities from infancy
- CO4 Health maintenance and preventive care for children, including age-related issues in nutrition, safety, vaccination and risk factor identification and modification

## HND3 E01(3) NUTRITIONAL COUNSELLING AND EDUCATION

- CO1 To understand the principles and methods of counselling.
- CO2 To apply counselling methods to patients with different diseases
- CO3 To promote body's potential towards health, wellness and disease prevention
- CO4 To help individuals overcome their immediate problems and also to equip them to meet future problems

# HND4I01 HOSPITAL INTERNSHIP AND COMMUNITY NUTRITION EDUCATION PROGRAMME

CO1 Develop skills in diet counseling and feeding of patients.

- CO2 Experiential learning to understand the needs of industry
- CO3 Develop professional ethics

#### **SEMESTER IV**

## HND4 C13 METABOLIC AND BIOCHEMICAL CHANGES IN DISEASES

- CO1 To enable the students to understand the biochemical and physiological changes in diseases.
- CO2 Understand the use of colorimetry in biochemical estimations.
- CO3 Develop skills in chromatography.
- CO4 Apprehend principles of buffers and gain competence in their preparation.
- CO5 Acquire skill in spectrophotometric method of quantitative estimations of biomolecules
- CO6 Attain competence in electrophoresis.

# HND4 L02 METABOLIC AND BIOCHEMICAL CHANGES IN DISEASES – PRACTICAL

- CO1 Develop skills to estimate selected body metabolites
- CO2 Understand the clinical significance of selected body metabolites
- CO3 Analyze the reliability of different procedures to assess the blood parameters

# HND 4 E02 (1) DIABETIC CARE AND MANAGEMENT

- CO1 Obtain in depth knowledge about diabetes mellitus
- CO2 Awareness of various complications during diabetes mellitus

- CO3 Knowledge about the management of diabetes mellitus through diet, exercise and medication.
- CO4 Improve standards and outcomes of diabetes care, efforts in the following areas appear crucial: diagnostic procedures and therapeutic management
- CO5 Evaluate the impact of a diabetes education program on the clinical outcomes in patients with diabetes mellitus

# HND4 E03 (1) FOOD SAFETY AND QUALITY CONTROL

- CO1 Explain the application of food quality and food safety system
- CO2 Identify the hazard of the food chain to ensure food safety
- CO3 Examine the chemical and microbiological quality of food samples
- CO4 Detect the adulteration in food samples
- CO5 Explain the importance of quality assessment.

## **HND4P01 PROJECT**

- CO1 Develop understanding on various kinds of research, objectives of research and research process, research design, sampling
- CO2 Basic knowledge on qualitative research techniques and quantitative research analysis